



Nibbles

A publication of the Kiwanis Club of Monroe, Wis.

Visit our website: kiwanisofmonroe.org, find us on Facebook



Who said Kiwanians don't have fun? Kiwanian Marta Prahl, who indulges weekly for her unborn infant, was joined by Luke Smetters and Patrick Bodell in a bit of luncheon consumption goodness!

Your Monroe Club

- > Sponsors Boy Scout Troop 101
- > Sponsors Key Club, Builders and 4 K-Kids
- > Maintains the Youth Cabin and Scout Bldg
- > Supports Boy Scout Canyon Camp
- > Sponsors early childhood development and pre-school literacy
- > Has raised and distributed more than One Million dollars in support of youth and community projects!



Past President Shirley Eells has spearheaded the Kiwanis n Cops n Kids project in Green County, Monticello, Monroe, and Green County Sheriff departments are participating. (See Page 4 for more details)



There is still candy available at Colony Brands. Contact Al Hanusa and get selling!!! His email: Al.Hanusa@colonybrands.com



Domino Challenge

Where: Abe Lincoln Elementary

When: Feb 1st - Mar 1st 2023

Bring Unopened cereal Boxes!

Kiwanis
K-Kids

ABE Lincoln Cereal
Box Challenge!!
ABE Lincoln School!
February 1st - March
Bring in Unopened
boxes of cereal to
donate to our
local food pantry

K-Kids met Jan. 17 at Abraham Lincoln school with 11 members from 4th and 5th grades. The group decided to do a cereal box domino challenge. Members would collect full boxes of cereals, do a domino takedown with cereal, then donated to the food pantry. School advisor is Aaron Heim with Shirley Eells as Kiwanis advisor. Their next meeting is Feb. 14th.



**Put it on your calendar:
Work weekend at Canyon
Camp is May 6 and 7!**

Fill out the club
Survey!!!

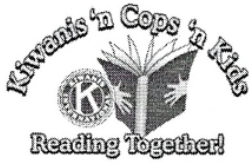
(Ends Feb. 13)

Membership chair Ashley
Rieder is conducting a
membership survey:

The link is:

[https://
kiwanisofmonroe.org/
membership-survey/](https://kiwanisofmonroe.org/membership-survey/)





Jean Long Manteufel
Immediate Past Governor
WI-UM District Kiwanis
Jean@LongMoving.com
920/585-7769

Kiwanis 'N Cops 'N Kids

Mission: Promoting children’s literacy and community trust in law enforcement

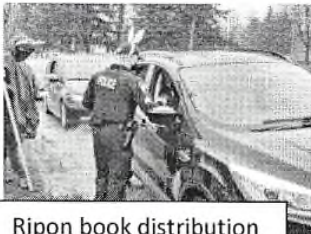
Goal: Getting free books into the hands and homes of kids, while also building connection and trust in the community.

How to: There are several models that we are suggesting. You find what works best for your club.

A) Reading at a public spot, a Kids Corner. Picture one scenario, a local Kids Corner where cops read to kids. This could be an outside project. Perhaps, police would meet kids at a park, at a little library, at school or the YMCA. Maybe McGruff would even show up. After a story is read, Kiwanians may want to distribute free books to kids.



Appleton book reading



Ripon book distribution

B) Kids book drive and distribution. Kiwanians collect gently used books. Maybe enlist the help of your Key Club to collect books, sort them by age and the police hand them out at an event. Books can also be acquired from the Cops’N Kids Reading Center in Racine.

C) Pre-distribute books then have an officer read. Kiwanians pick a specific book and distribute a number of them (50?) through a local group like a day-care center, a YMCA group, Boys & Girls Club... then have an officer read along with the kids – or have the kids read to an officer.



Oshkosh cops reading at the Boys & Girls Club.



Sgt. Ignacio Enriquez reads Eric and Julieta – Ahora Que

D) Recordings of officers reading books. Then club can distribute books and families can read along with the officers. You can also post a reading event on your Facebook page, as well as the police department’s page.

Kids need Kiwanis. Kiwanis needs you. Together, WE CAN do the things that Kiwanis does so well – Help the kids. www.KiwanisNCopsNKids.org

NIBBLES

Kiwanis n Cops n Kids is gaining impetus in the area: Spearheaded by Past President Shirley Eells, the Monticello Police Dept already held a session at the Monticello Public Library (see photo) on Jan. 27. Next session is Feb. 22. First reading had six children and two police officers. Monroe Police have scheduled their first session on Feb. 21 at the Monroe Library with Officer Jerry Dahlen. Monroe Sheriff's Dept. will hold their first session Feb. 27 at the Monroe Library with Sgt. King. Sessions all run from 3:30 to 4:30.



Police Chief Szvon Conway from Monticello and one of his officers read at first session held in county.



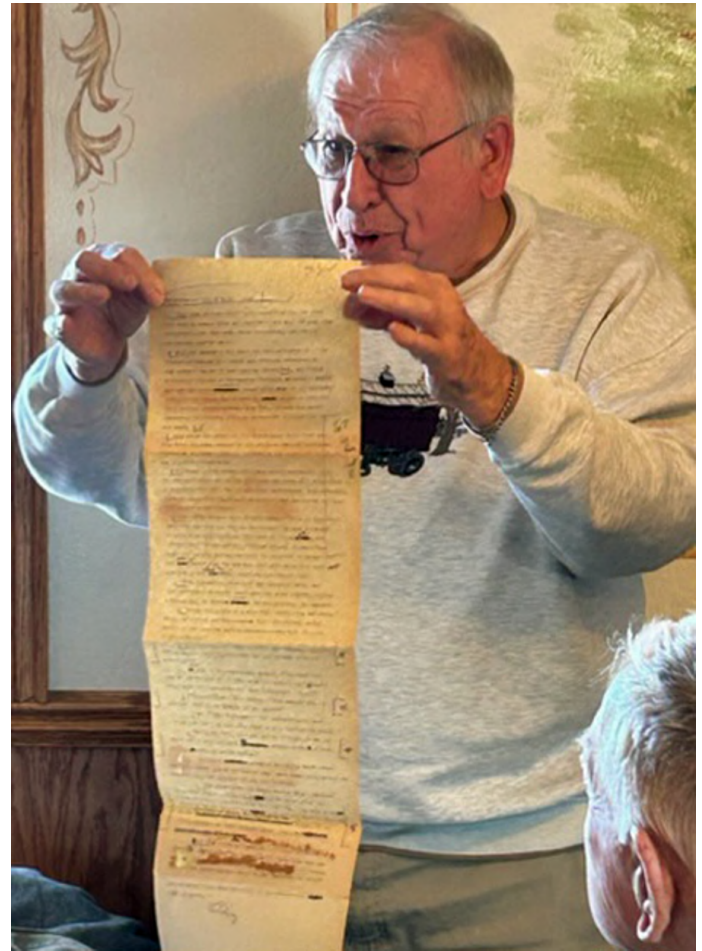
Thankful to be part of an organization that makes a difference in the world every day.



Patrick Ewing
Past International Trustee



Jane Sybers was a recent speaker at Kiwanis, explaining to Kiwanians the NAMI organization regarding mental illness. She was accompanied by Frank Mixdorf. The group is sponsoring a series of 8-week classes. (See Flier on next page for details.)



Groundhog Day took on a different meaning Feb. 2 as Kiwanian and former news editor Jim Glessner broke out a 1974 original column telling the adventures of Blue Mike (a relative of the famed Punxsatawney Phil), who lived under the southwest corner of the courthouse. Jim invented the fictitious guy when he was editor of the Monroe Times.

NAMI Family-to-Family

National Alliance on Mental Illness

FREE

NAMI Family-to-Family is a free, 8-session education program for family, friends and significant others of adults with mental health conditions. NAMI Family-to-Family provides information about anxiety, depressive disorders, schizophrenia, bipolar disorder and other mental health conditions. Other topics covered include communication, problem solving, treatment and recovery.

The course is designed to increase understanding and advocacy skills while helping participants maintain their own well-being. The program is taught by trained family members who have a loved one with a mental health condition. NAMI Family-to-Family is an evidence-based program (EB). For information on the research base for the program, visit nami.org/research.

NAMI offers the NAMI Family-to-Family Education Program free of charge to participants, beginning **February 20th, 2023**. For more information and how to register, please contact **NAMI Green County** at 608-324-4677 or namigc@tds.net



Participant Perspectives

"This course overall was the single most, without a doubt, helpful and informative thing ever offered in all my years searching for answers...it has helped me to understand better and communicate more effectively with my brother."

"The course has helped me to realize that my son is still inside the body that is often times hidden by the mental illness and that I am not alone in this."

Contact us to register for a NAMI Family-to-Family class!

NAMI Green County

National Alliance on Mental Illness

This **VIRTUAL** 8-week class begins
Monday, February 20, 2023
6:00 p.m. – 8:30 p.m.

Please pre-register by calling
608-324-4677 (leave a message)
or emailing namigc@tds.net

By Feb 10th

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI **Green County** is an affiliate of NAMI **WI** NAMI **Green County** and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community with mental health conditions and their loved ones.

Kiwanis Club of Monroe –Board Minutes February 6, 2023

Members present: Ron Spielman, Shirley Eels, Luke Smetters, Patrick Bodell, Linda Gebhardt, Nanci Valentino, Amanda Gerber, Erik Haworth, Stacy Cavanaugh. Also present: Jim Glessner.

Prior to business meeting, Cory Kundert presented a request for \$300 on behalf of Green County Leaders, to be used for purchasing bins for used kids sports equipment. They are holding a swap meet 4/29.

Meeting called to order by President Amanda at 12:05.

Secretary's report was approved.

Treasurer's report: Activities \$58,381.37, including a \$17,000 candy deposit

Administration: \$1226.72

Foundation: \$2320.33

Patrick moved to approve, seconded by Linda. Passed

Green County Leaders request: Moved by Linda, seconded by Stacy. Passed, 1 abstention.

Prom request for \$1,000: Ron proposed \$700 for post-prom only. Stacy seconded. Passed, 1 abstention.

Project follow ups: Shirley has organized 4 *Kiwanis n Cops n kids* reading events: 1/25 & 2/22 in Monticello, 2/21 Monroe Police Dept, and 2/27 with Green Co. Sheriff.

Amanda will meet with the *Launch kids* on Tuesday morning, 2/7

Speakers are set through the middle of March.

\$100 needed to be taken from admin account to supplement Good News in paying speaker lunches.

Membership – Surveys are coming in and results should be shared at the next board meeting.

Builder's Club – still trying to find a meeting time. Trying Friday at 1:30 next.

K-Kids – all clubs, except St. Victor's, are all meeting. Looking for cereal box donations for their challenge.

New Business: Homebuilder's Expo at SLICE is the same weekend as the Easter Egg Hunt. We were asked to help with a Kids Corner and will only do Sunday, as the Easter Egg Hunt is a prior commitment.

Mid winter conference is 2/18 in West Allis. Shirley nominated 4 of us to receive awards, and we all won. Shirley, Nanci and Jim plan to attend.

We will have a baby shower for Marta Prah at the noon meeting on Feb 16. A separate email is going out addressing that. Shirley called for the meeting to be adjourned, Luke seconded. Meeting ended 1.00pm

Respectfully submitted,

Nanci Valentino

*Monroe Kiwanis
Meets Thursday Noon
At Swiss Alps
On a weekly basis*

February 9: Badger State Ethanol—Gary Kramer

February 16: Project Home -- Denise Matyka and Denise Garlow

February 23: Human Trafficking -- Krista Bethke

March 2: Native Plants--Matt Shaeffer

March 9: Monroe Public Library Programs--Suzann Holland and Friends

March 16: Green County Leaders-Equipment Swap

Volunteer opportunities—
Put on your calendars

Feb. 17—Distribute Badger Boxes at MHS, 2:30-4; contact Amanda

April 1—Park and Rec/Kiwanis Easter Egg Hunt

April 2—Kids Corner at Staline Home and Business Expo

April 29—Assist Green County Leaders and Park and Rec with sports equipment Swap Day

May 6,7—BSA Canyon Camp Kiwanis work days

Attendance opportunity—KI Convention, Minneapolis, June 21 thru 24

**Board of Directors meets
March 6, 2023 at Noon at
Aster Assisted Living**



Kiwanis Youth Cabin, located on a 10-acre site on Youth Cabin Rd., has served children and adults with outdoor experiences since 1954.

To contact Secretary Beth Kindschi:
608.325.5658 or kindschi@tds.net

To contact Treasurer Erik Haworth:
608.325.8100 or
erik.haworth@thrivent.com

2022-2023 Monroe Kiwanis Officers

| | |
|--------------------------|-----------------|
| President | Amanda Gerber |
| President Elect | Stacy Cavanaugh |
| Vice President | Luke Smetters |
| Immediate Past President | Shirley Eells |
| Secretary | Beth Kindschi |
| Treasurer | Erik Haworth |



*Nibbles Editor: Jim Glessner
cheeseforme@charter.net*

Directors:

Term Expires Sept. 30, 2023

Linda Gebhardt
Steve Kundert

Term Expires Sept. 30, 2025

Nanci Valentino
Danielle Hanusa

Term Expires Sept. 30, 2024

Ron Spielman
Dave Mosher
Patrick Bodell

Board of Directors Meeting

Board meeting
1st Monday of Month
At Aster